

# SALADS AND WRAPS

**NAME:** **HERE OR TO GO**  
(PLEASE CIRCLE ONE)

Pick Up Time:

**SALADS & WRAPS**   
**GARDEN FRESH** **\$7.99**

Includes: Fresh, crisp romaine lettuce, red ripe tomatoes, red onion, cucumbers and banana peppers...50 cal.

**Choose:** Cheddar      Mozzarella  
              Swiss            Feta

**DRESSING:**

Ranch                      Caesar  
Italian                     Thousand Island  
Raspberry Vinaigrette

Add any meat for just \$2.00

**CHICKEN CAESAR SALAD** 990 cal. **\$7.50**

Fresh, crisp Romaine lettuce topped with diced chicken, red onion, grated parmesan, Caesar dressing, and housemade croutons.

Wrap is available in a spinach or white flour wrap.

**MEXICALI SALAD** 1100/870 cal. **\$8.75**

Romaine lettuce topped with seasoned chicken, black beans and corn, red onion, avocado, and tortilla strips. Choose our housemade **Zesty Ranch dressing OR chunky salsa!**

**SPRING SALAD** **\$8.99**

Fresh, crisp Romaine lettuce topped with diced chicken, feta cheese, apple chunks, sweet and spicy walnuts, sunflower seeds, dried cranberries, avocado and raspberry vinaigrette dressing.

**COBB SALAD** **\$8.99**

We start with crisp Romaine lettuce and add chicken, egg, bacon, tomato, cucumber, red onion, avocado, and top it off with bleu cheese dressing.

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